



AHS Baseball Open Field will start next week on Mon Aug 29th

Below is the schedule for open field for this fall.
All sessions run from 4:00-5:15 PM at AHS Baseball Field

Week 1 Mon Aug 29th & Thurs Sept 1st

Week 2 Thurs Sept 5th (Monday is Labor Day)

Week 3 Mon Sept 12th & Thurs Sept 15th

Week 4 Mon Sept 19th & Thurs Sept 22nd

Week 5 Mon Sept 26th & Thurs Sept 29th

Oct 1 starts the dead period for baseball in Iowa. Winter workouts will resume **Jan 3**

Players should bring their glove bat and spikes and wear shorts, tshirt & hat to the field.
Warmup will begin promptly at 4:00 PM each day

If you are out for a fall sport you **are not** expected to attend any open field sessions.

Email questions to - joe.balvanz@ankenyschools.org

GO HAWKS!